**2024 USAPL Arnold Bench Bash**

2024-03-03, USA-OH

| **Placement** | **Nom** | **Sexe** | **Age** | **Equipement** | **Classe** | **Poids** | **Squat** | **Dév. Couché** | **S. de Terre** | **Total** | **Dots** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Femmes Raw FR-O Bench Only |
| 1 | [Amanda Doll](https://www.openpowerlifting.org/u/amandadoll)  | F | 42 | Raw |  | 135,3 |  | 152,5 |  | 152,5 | 118,97 |
| 2 | [Allison Garden](https://www.openpowerlifting.org/u/allisongarden)  | F | 26~ | Raw |  | 45,1 |  | 87,5 |  | 87,5 | 118,13 |
| 3 | [Katie DeGeyter](https://www.openpowerlifting.org/u/katiedegeyter)  | F | 20~ | Raw |  | 55,3 |  | 92,5 |  | 92,5 | 108,05 |
| 4 | [Amy Schmidt](https://www.openpowerlifting.org/u/amyschmidt)  | F | 36~ | Raw |  | 73,8 |  | 110 |  | 110 | 108,04 |
| 5 | [Erin Hagen](https://www.openpowerlifting.org/u/erinhagen)  | F | 32~ | Raw |  | 58,8 |  | 95 |  | 95 | 106,63 |
| 6 | [Wynonah Filla](https://www.openpowerlifting.org/u/wynonahfilla)  | F | 27 | Raw |  | 74,2 |  | 100 |  | 100 | 97,90 |
| 7 | [Tiffany Cheng](https://www.openpowerlifting.org/u/tiffanycheng)  | F | 34 | Raw |  | 77,3 |  | 95 |  | 95 | 91,06 |
| 8 | [Tara Hansen](https://www.openpowerlifting.org/u/tarahansen)  | F | 28~ | Raw |  | 59,8 |  | 80 |  | 80 | 88,80 |
| 9 | [Eileen Brzoska](https://www.openpowerlifting.org/u/eileenbrzoska)  | F | 47~ | Raw |  | 46,8 |  | 67,5 |  | 67,5 | 88,71 |
| 10 | [Katie Fischer](https://www.openpowerlifting.org/u/katiefischer)  | F | 30~ | Raw |  | 123,4 |  | 102,5 |  | 102,5 | 81,62 |
| 11 | [Kianna Nakaoka](https://www.openpowerlifting.org/u/kiannanakaoka)  | F | 17 | Raw |  | 43,4 |  | 47,5 |  | 47,5 | 66,12 |
| 12 | [Sara Garamszegi](https://www.openpowerlifting.org/u/saragaramszegi)  | F | 36~ | Raw |  | 66,8 |  | 57,5 |  | 57,5 | 59,69 |
| 13 | [Ava Wegmeyer](https://www.openpowerlifting.org/u/avawegmeyer)  | F | 20~ | Raw |  | 59,9 |  | 52,5 |  | 52,5 | 58,22 |
| Hommes Raw MR-O Bench Only |
| 1 | [Todd Talford](https://www.openpowerlifting.org/u/toddtalford)  | H | 33~ | Raw |  | 88,3 |  | 217,5 |  | 217,5 | 141,94 |
| 2 | [Jonathan Myshock](https://www.openpowerlifting.org/u/jonathanmyshock)  | H | 32~ | Raw |  | 106,6 |  | 227,5 |  | 227,5 | 136,35 |
| 3 | [Jerry Alaniz](https://www.openpowerlifting.org/u/jerryalaniz)  | H | 28~ | Raw |  | 97,7 |  | 217,5 |  | 217,5 | 135,24 |
| 4 | [Daryl Funk](https://www.openpowerlifting.org/u/darylfunk)  | H | 56 | Raw |  | 130,9 |  | 240 |  | 240 | 134,09 |
| 5 | [Brandon Stouffer](https://www.openpowerlifting.org/u/brandonstouffer)  | H | 27~ | Raw |  | 116,3 |  | 225 |  | 225 | 130,58 |
| 6 | [Tommy Janusz](https://www.openpowerlifting.org/u/tommyjanusz)  | H | 37~ | Raw |  | 97,9 |  | 207,5 |  | 207,5 | 128,90 |
| 7 | [Thomas Palermo](https://www.openpowerlifting.org/u/thomaspalermo)  | H | 39~ | Raw |  | 98 |  | 202,5 |  | 202,5 | 125,75 |
| 8 | [Shaheed Bryant](https://www.openpowerlifting.org/u/shaheedbryant)  | H | 27 | Raw |  | 55,2 |  | 137,5 |  | 137,5 | 124,63 |
| 9 | [Michael Dudich](https://www.openpowerlifting.org/u/michaeldudich)  | H | 23~ | Raw |  | 88,6 |  | 190 |  | 190 | 123,77 |
| 10 | [Chase Ulrick](https://www.openpowerlifting.org/u/chaseulrick)  | H | 33 | Raw |  | 122,5 |  | 202,5 |  | 202,5 | 115,50 |
| 11 | [Garret Aby](https://www.openpowerlifting.org/u/garretaby)  | H | 25 | Raw |  | 121 |  | 200 |  | 200 | 114,53 |
| 12 | [Troy Fossceco](https://www.openpowerlifting.org/u/troyfossceco)  | H | 29 | Raw |  | 124,6 |  | 200 |  | 200 | 113,46 |
| 13 | [Manuel Prieto](https://www.openpowerlifting.org/u/manuelprieto)  | H | 39~ | Raw |  | 63,6 |  | 140 |  | 140 | 112,81 |
| 14 | [Kirill Stepanchuk](https://www.openpowerlifting.org/u/kirillstepanchuk)  | H | 26~ | Raw |  | 123,2 |  | 195 |  | 195 | 111,02 |
| 15 | [Zachary Gorra](https://www.openpowerlifting.org/u/zacharygorra)  | H | 37~ | Raw |  | 178,3 |  | 205 |  | 205 | 105,38 |
| 16 | [Lou Fossceco](https://www.openpowerlifting.org/u/loufossceco)  | H | 59 | Raw |  | 122,6 |  | 182,5 |  | 182,5 | 104,05 |
| 17 | [Lee Rogers](https://www.openpowerlifting.org/u/leerogers)  | H | 45 | Raw |  | 69,8 |  | 120 |  | 120 | 90,26 |
| 18 | [Mike Deutsch](https://www.openpowerlifting.org/u/mikedeutsch)  | H | 49 | Raw |  | 75,7 |  | 117,5 |  | 117,5 | 83,79 |
| 19 | [Zachary June](https://www.openpowerlifting.org/u/zacharyjune)  | H | 38~ | Raw |  | 93,5 |  | 112,5 |  | 112,5 | 71,39 |
| DQ | [Trevor Jackson #1](https://www.openpowerlifting.org/u/trevorjackson1)  | H | 29~ | Raw |  | 65,1 |  |  |  |  |  |
| Femmes Pli simple F-O Bench Only |
| 1 | [Mary Jane Krebs](https://www.openpowerlifting.org/u/maryjanekrebs)  | F | 28~ | Pli simple |  | 92,6 |  | 160 |  | 160 | 140,86 |
| 2 | [Jade Dickens](https://www.openpowerlifting.org/u/jadedickens)  | F | 50 | Pli simple |  | 89,9 |  | 150 |  | 150 | 133,77 |
| 3 | [Krysti Llamas](https://www.openpowerlifting.org/u/krystillamas)  | F | 22~ | Pli simple |  | 100,5 |  | 152,5 |  | 152,5 | 129,86 |
| 4 | [Yesenia Martinez](https://www.openpowerlifting.org/u/yeseniamartinez)  | F | 24~ | Pli simple |  | 89,8 |  | 120 |  | 120 | 107,06 |
| 5 | [Tish Horne](https://www.openpowerlifting.org/u/tishhorne)  | F | 55~ | Pli simple |  | 122,2 |  | 82,5 |  | 82,5 | 65,86 |
| 6 | [Joy Mercer](https://www.openpowerlifting.org/u/joymercer)  | F | 61~ | Pli simple |  | 47,2 |  | 47,5 |  | 47,5 | 62,04 |
| Hommes Pli simple M-O Bench Only |
| 1 | [Nick Benerakis](https://www.openpowerlifting.org/u/nickbenerakis)  | H | 32~ | Pli simple |  | 104,8 |  | 280 |  | 280 | 169,00 |
| 2 | [Carlo E Melendez](https://www.openpowerlifting.org/u/carloemelendez)  | H | 40~ | Pli simple |  | 82 |  | 210 |  | 210 | 142,74 |
| 3 | [Noah Barbosa](https://www.openpowerlifting.org/u/noahbarbosa)  | H | 22~ | Pli simple |  | 74,4 |  | 150 |  | 150 | 108,14 |
| 4 | [Maxwell Mercer](https://www.openpowerlifting.org/u/maxwellmercer)  | H | 61~ | Pli simple |  | 86,7 |  | 147,5 |  | 147,5 | 97,18 |
| 5 | [Bob Simpkins](https://www.openpowerlifting.org/u/bobsimpkins)  | H | 78~ | Pli simple |  | 79,7 |  | 62,5 |  | 62,5 | 43,17 |