**2023 USAPL Arnold Pro Bench**

2023-03-05, USA-OH

| **Placement** | **Nom** | **Sexe** | **Age** | **Equipement** | **Classe** | **Poids** | **Squat** | **Dév. Couché** | **S. de Terre** | **Total** | **Dots** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Femmes Raw FR-O Bench Only |
| 1 | [Michelle Kane](https://www.openpowerlifting.org/u/michellekane)  | F | 48 | Raw |  | 82 |  | 100 |  | 100 | 93,06 |
| 2 | [Eileen Brzoska](https://www.openpowerlifting.org/u/eileenbrzoska)  | F | 46~ | Raw |  | 47,3 |  | 67,5 |  | 67,5 | 87,97 |
| 3 | [Claudia Romero](https://www.openpowerlifting.org/u/claudiaromero)  | F | 38~ | Raw |  | 48,1 |  | 52,5 |  | 52,5 | 67,59 |
| Hommes Raw MR-O Bench Only |
| 1 | [Antonino Fazio](https://www.openpowerlifting.org/u/antoninofazio)  | H | 23~ | Raw |  | 89,6 |  | 225 |  | 225 | 145,78 |
| 2 | [Jeremy Harer](https://www.openpowerlifting.org/u/jeremyharer)  | H | 39~ | Raw |  | 79,4 |  | 187,5 |  | 187,5 | 129,83 |
| 3 | [Jeff Cohen #1](https://www.openpowerlifting.org/u/jeffcohen1)  | H | 38~ | Raw |  | 67,1 |  | 165 |  | 165 | 127,67 |
| 4 | [Brandon Stouffer](https://www.openpowerlifting.org/u/brandonstouffer)  | H | 26~ | Raw |  | 108,7 |  | 205 |  | 205 | 121,96 |
| 5 | [Bradon Gulch](https://www.openpowerlifting.org/u/bradongulch)  | H | 22 | Raw |  | 123 |  | 212,5 |  | 212,5 | 121,04 |
| 6 | [Manuel Prieto](https://www.openpowerlifting.org/u/manuelprieto)  | H | 38~ | Raw |  | 65,7 |  | 135 |  | 135 | 106,03 |
| 7 | [Jovy Kim](https://www.openpowerlifting.org/u/jovykim)  | H | 32 | Raw |  | 74,6 |  | 140 |  | 140 | 100,78 |
| DQ | [Michael Huynh](https://www.openpowerlifting.org/u/michaelhuynh)  | H | 36~ | Raw |  | 91,1 |  |  |  |  |  |
| Hommes Pli simple M-O Bench Only |
| 1 | [Lucas Pribble](https://www.openpowerlifting.org/u/lucaspribble)  | H | 27 | Pli simple |  | 93,2 |  | 260 |  | 260 | 165,20 |
| 2 | [Sergy Shadyun](https://www.openpowerlifting.org/u/sergyshadyun)  | H | 65~ | Pli simple |  | 121,8 |  | 187,5 |  | 187,5 | 107,14 |
| DQ | [William Garcia #1](https://www.openpowerlifting.org/u/williamgarcia1)  | H | 32~ | Pli simple |  | 67,2 |  |  |  |  |  |
| DQ | [Carlo E Melendez](https://www.openpowerlifting.org/u/carloemelendez)  | H | 39~ | Pli simple |  | 75,7 |  |  |  |  |  |

**2023 USAPL Arnold Pro Series Bench Finals**

2023-03-05, USA-OH

| **Placement** | **Nom** | **Sexe** | **Age** | **Equipement** | **Classe** | **Poids** | **Squat** | **Dév. Couché** | **S. de Terre** | **Total** | **Dots** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Femmes Raw FR-O Bench Only |
| 1 | [Jennifer Thompson #1](https://www.openpowerlifting.org/u/jenniferthompson1)  | F | 49 | Raw |  | 65,6 |  | 137,5 |  | 137,5 | 144,25 |
| 2 | [Natalie Richardson](https://www.openpowerlifting.org/u/natalierichardson)  | F | 23~ | Raw |  | 81,9 |  | 127,5 |  | 127,5 | 118,74 |
| 3 | [Amanda Doll](https://www.openpowerlifting.org/u/amandadoll)  | F | 41 | Raw |  | 129,5 |  | 143,5 |  | 143,5 | 112,93 |
| 4 | [Rachael Hannan](https://www.openpowerlifting.org/u/rachaelhannan)  | F | 26~ | Raw |  | 66,4 |  | 102,5 |  | 102,5 | 106,75 |
| 5 | [Wynonah Filla](https://www.openpowerlifting.org/u/wynonahfilla)  | F | 26 | Raw |  | 78,5 |  | 102,5 |  | 102,5 | 97,50 |
| Hommes Raw MR-O Bench Only |
| 1 | [Todd Talford](https://www.openpowerlifting.org/u/toddtalford)  | H | 32~ | Raw |  | 88,5 |  | 222,5 |  | 222,5 | 145,06 |
| 2 | [Evan Hawk](https://www.openpowerlifting.org/u/evanhawk)  | H | 19~ | Raw |  | 77 |  | 204,5 |  | 204,5 | 144,27 |
| 3 | [Derek LoGrande](https://www.openpowerlifting.org/u/dereklogrande)  | H | 29 | Raw |  | 73,9 |  | 185 |  | 185 | 133,93 |
| 4 | [Jeremy Auerbach](https://www.openpowerlifting.org/u/jeremyauerbach)  | H | 35~ | Raw |  | 146,3 |  | 242,5 |  | 242,5 | 131,27 |
| DQ | [Jaisyn Mike](https://www.openpowerlifting.org/u/jaisynmike)  | H | 45 | Raw |  | 137,9 |  |  |  |  |  |
| Femmes Pli simple F-O Bench Only |
| 1 | [Charleen Balcer Rowekamp](https://www.openpowerlifting.org/u/charleenbalcerrowekamp)  | F | 39 | Pli simple |  | 55,6 |  | 125,5 |  | 125,5 | 146,13 |
| 2 | [Melanie Madere](https://www.openpowerlifting.org/u/melaniemadere)  | F | 24~ | Pli simple |  | 64,7 |  | 115 |  | 115 | 121,69 |
| 3 | [Shelley Brown](https://www.openpowerlifting.org/u/shelleybrown)  | F | 36 | Pli simple |  | 59,2 |  | 95 |  | 95 | 106,13 |
| 4 | [Tish Horne](https://www.openpowerlifting.org/u/tishhorne)  | F | 54~ | Pli simple |  | 121,2 |  | 97,5 |  | 97,5 | 78,00 |
| Hommes Pli simple M-O Bench Only |
| 1 | [Easton Schuster](https://www.openpowerlifting.org/u/eastonschuster)  | H | 26~ | Pli simple |  | 94,4 |  | 350 |  | 350 | 221,07 |
| 2 | [Draven Collins](https://www.openpowerlifting.org/u/dravencollins)  | H | 25~ | Pli simple |  | 108,9 |  | 267,5 |  | 267,5 | 159,01 |
| 3 | [Alex Smith #1](https://www.openpowerlifting.org/u/alexsmith1)  | H | 32~ | Pli simple |  | 85,1 |  | 220 |  | 220 | 146,46 |
| 4 | [Keith Oelschlaeger](https://www.openpowerlifting.org/u/keithoelschlaeger)  | H | 30 | Pli simple |  | 110,4 |  | 205 |  | 205 | 121,25 |
| 5 | [Scott Hansen](https://www.openpowerlifting.org/u/scotthansen)  | H | 45~ | Pli simple |  | 73,4 |  | 142,5 |  | 142,5 | 103,60 |