**2022 USAPL Arnold A7 Pro Bench Bash**

2022-03-05, USA-OH, Columbus

| **Placement** | **Nom** | **Sexe** | **Age** | **Equipement** | **Classe** | **Poids** | **Squat** | **Dév. Couché** | **S. de Terre** | **Total** | **Dots** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Femmes Raw FR-O Bench Only | | | | | | | | | | | |
| 1 | [Jennifer Thompson #1](https://www.openpowerlifting.org/u/jenniferthompson1) | F | 48 | Raw |  | 65,3 |  | 145,5 |  | 145,5 | 153,10 |
| 2 | [May-Tal Oskar](https://www.openpowerlifting.org/u/maytaloskar) | F | 27~ | Raw |  | 78,6 |  | 132,5 |  | 132,5 | 125,95 |
| 3 | [Alexis Jones #1](https://www.openpowerlifting.org/u/alexisjones1) | F | 21 | Raw |  | 136,2 |  | 157,5 |  | 157,5 | 122,72 |
| 4 | [Natalie Richardson](https://www.openpowerlifting.org/u/natalierichardson) | F | 22~ | Raw |  | 80,4 |  | 122,5 |  | 122,5 | 115,14 |
| 5 | [Shelby Miles](https://www.openpowerlifting.org/u/shelbymiles) | F | 23~ | Raw |  | 89,7 |  | 127,5 |  | 127,5 | 113,84 |
| 6 | [Stephanie Ockner](https://www.openpowerlifting.org/u/stephanieockner) | F | 29 | Raw |  | 65,9 |  | 102,5 |  | 102,5 | 107,23 |
| 7 | [Erin Hagen](https://www.openpowerlifting.org/u/erinhagen) | F | 30~ | Raw |  | 57,3 |  | 87,5 |  | 87,5 | 99,88 |
| Hommes Raw MR-O Bench Only | | | | | | | | | | | |
| 1 | [Joseph Amendola](https://www.openpowerlifting.org/u/josephamendola) | H | 28 | Raw |  | 107,6 |  | 265 |  | 265 | 158,27 |
| 2 | [Antonino Fazio](https://www.openpowerlifting.org/u/antoninofazio) | H | 22~ | Raw |  | 87,3 |  | 217,5 |  | 217,5 | 142,80 |
| 3 | [Jaisyn Mike](https://www.openpowerlifting.org/u/jaisynmike) | H | 44 | Raw |  | 135,1 |  | 255 |  | 255 | 141,15 |
| 4 | [Kaden Hush](https://www.openpowerlifting.org/u/kadenhush) | H | 30~ | Raw |  | 108,2 |  | 235 |  | 235 | 140,06 |
| 5 | [Derek LoGrande](https://www.openpowerlifting.org/u/dereklogrande) | H | 28 | Raw |  | 74,3 |  | 192,5 |  | 192,5 | 138,88 |
| 6 | [Jeremy Auerbach](https://www.openpowerlifting.org/u/jeremyauerbach) | H | 34~ | Raw |  | 137,3 |  | 247,5 |  | 247,5 | 136,36 |
| 7 | [Ryan Baylark](https://www.openpowerlifting.org/u/ryanbaylark) | H | 33~ | Raw |  | 91,4 |  | 210 |  | 210 | 134,71 |
| 8 | [Umar Abdullah](https://www.openpowerlifting.org/u/umarabdullah) | H | 42 | Raw |  | 180,3 |  | 252,5 |  | 252,5 | 129,43 |
| Femmes Pli simple F-O Bench Only | | | | | | | | | | | |
| 1 | [Stephanie Kaye](https://www.openpowerlifting.org/u/stephaniekaye) | F | 29 | Pli simple |  | 86,7 |  | 157,5 |  | 157,5 | 142,75 |
| 2 | [Andrea Pettyjohn](https://www.openpowerlifting.org/u/andreapettyjohn) | F | 42~ | Pli simple |  | 120,5 |  | 147,5 |  | 147,5 | 118,19 |
| Hommes Pli simple M-O Bench Only | | | | | | | | | | | |
| 1 | [Easton Schuster](https://www.openpowerlifting.org/u/eastonschuster) | H | 25~ | Pli simple |  | 88,7 |  | 323,5 |  | 323,5 | 210,63 |
| 2 | [Adam Mamola](https://www.openpowerlifting.org/u/adammamola) | H | 44~ | Pli simple |  | 93,6 |  | 320 |  | 320 | 202,96 |
| 3 | [Austin Brown #1](https://www.openpowerlifting.org/u/austinbrown1) | H | 31~ | Pli simple |  | 106,4 |  | 307,5 |  | 307,5 | 184,43 |
| 4 | [Shane Brady](https://www.openpowerlifting.org/u/shanebrady) | H | 34~ | Pli simple |  | 95,3 |  | 272,5 |  | 272,5 | 171,36 |
| 5 | [Lucas Pribble](https://www.openpowerlifting.org/u/lucaspribble) | H | 26 | Pli simple |  | 92,9 |  | 250 |  | 250 | 159,11 |
| 6 | [Adam Hasty](https://www.openpowerlifting.org/u/adamhasty) | H | 42 | Pli simple |  | 86,2 |  | 215 |  | 215 | 142,17 |
| 7 | [Mark Leebrick](https://www.openpowerlifting.org/u/markleebrick) | H | 28 | Pli simple |  | 107,6 |  | 200 |  | 200 | 119,43 |

**2022 USAPL Arnold A7 Pro-Am Bench**

2022-03-05, USA-OH, Columbus

| **Placement** | **Nom** | **Sexe** | **Age** | **Equipement** | **Classe** | **Poids** | **Squat** | **Dév. Couché** | **S. de Terre** | **Total** | **Dots** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Femmes Raw FR-O Bench Only | | | | | | | | | | | |
| 1 | [Christina Peracchi](https://www.openpowerlifting.org/u/christinaperacchi) | F | 32~ | Raw |  | 57,9 |  | 95 |  | 95 | 107,73 |
| 2 | [Amy Schmidt](https://www.openpowerlifting.org/u/amyschmidt) | F | 34~ | Raw |  | 73,1 |  | 107,5 |  | 107,5 | 106,10 |
| 3 | [Rosalind Sutch](https://www.openpowerlifting.org/u/rosalindsutch) | F | 41~ | Raw |  | 83,8 |  | 95 |  | 95 | 87,51 |
| Hommes Raw MR-O Bench Only | | | | | | | | | | | |
| 1 | [Matthew Cronin](https://www.openpowerlifting.org/u/matthewcronin) | H | 31~ | Raw |  | 121,7 |  | 225 |  | 225 | 128,62 |
| 2 | [Jonathan Myshock](https://www.openpowerlifting.org/u/jonathanmyshock) | H | 30~ | Raw |  | 105,2 |  | 212,5 |  | 212,5 | 128,06 |
| 3 | [Adam Viramontes](https://www.openpowerlifting.org/u/adamviramontes) | H | 18~ | Raw |  | 89,9 |  | 195 |  | 195 | 126,12 |
| 4 | [Brandon Stouffer](https://www.openpowerlifting.org/u/brandonstouffer) | H | 25~ | Raw |  | 109,4 |  | 210 |  | 210 | 124,60 |
| 5 | [Jeff Cohen #1](https://www.openpowerlifting.org/u/jeffcohen1) | H | 37~ | Raw |  | 66,8 |  | 157,5 |  | 157,5 | 122,25 |
| 6 | [David Boutsomsy](https://www.openpowerlifting.org/u/davidboutsomsy) | H | 40~ | Raw |  | 92 |  | 185 |  | 185 | 118,30 |
| 7 | [Robert Greer](https://www.openpowerlifting.org/u/robertgreer) | H | 40 | Raw |  | 124,6 |  | 205 |  | 205 | 116,30 |
| Hommes Pli simple M-O Bench Only | | | | | | | | | | | |
| 1 | [Carlo E Melendez](https://www.openpowerlifting.org/u/carloemelendez) | H | 38~ | Pli simple |  | 74,5 |  | 190 |  | 190 | 136,84 |
| 2 | [Jeremy Fischer](https://www.openpowerlifting.org/u/jeremyfischer) | H | 28~ | Pli simple |  | 167,1 |  | 217,5 |  | 217,5 | 113,69 |
| 3 | [Scott Hansen](https://www.openpowerlifting.org/u/scotthansen) | H | 44~ | Pli simple |  | 73 |  | 140 |  | 140 | 102,22 |

**2022 USAPL Arnold Masters of Iron Pro Bench**

2022-03-04, USA-OH, Columbus

| **Placement** | **Nom** | **Sexe** | **Age** | **Equipement** | **Classe** | **Poids** | **Squat** | **Dév. Couché** | **S. de Terre** | **Total** | **Dots** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Femmes Raw FR-M1 Bench Only | | | | | | | | | | | |
| 1 | [Jennifer Thompson #1](https://www.openpowerlifting.org/u/jenniferthompson1) | F | 48 | Raw |  | 65,2 |  | 137,5 |  | 137,5 | 144,86 |
| 2 | [Michelle Kane](https://www.openpowerlifting.org/u/michellekane) | F | 47 | Raw |  | 80,9 |  | 100 |  | 100 | 93,65 |
| 3 | [Eileen Brzoska](https://www.openpowerlifting.org/u/eileenbrzoska) | F | 45~ | Raw |  | 47,1 |  | 70 |  | 70 | 91,52 |
| Femmes Raw FR-M2 Bench Only | | | | | | | | | | | |
| 1 | [Tammy Walker #1](https://www.openpowerlifting.org/u/tammywalker1) | F | 53~ | Raw |  | 89,5 |  | 127,5 |  | 127,5 | 113,92 |
| 2 | [Lisa Benavides](https://www.openpowerlifting.org/u/lisabenavides) | F | 49 | Raw |  | 89,5 |  | 102,5 |  | 102,5 | 91,59 |
| 3 | [Dawn Dotson](https://www.openpowerlifting.org/u/dawndotson) | F | 54 | Raw |  | 156,4 |  | 100 |  | 100 | 77,08 |
| 4 | [Cynthia Line](https://www.openpowerlifting.org/u/cynthialine) | F | 54 | Raw |  | 73,8 |  | 75 |  | 75 | 73,64 |
| 5 | [Tammy Lauer](https://www.openpowerlifting.org/u/tammylauer) | F | 57 | Raw |  | 60,6 |  | 55 |  | 55 | 60,56 |
| 6 | [Michelle Carlascio](https://www.openpowerlifting.org/u/michellecarlascio) | F | 50~ | Raw |  | 62,5 |  | 55 |  | 55 | 59,42 |
| 7 | [Sue Burns](https://www.openpowerlifting.org/u/sueburns) | F | 51~ | Raw |  | 61,8 |  | 52,5 |  | 52,5 | 57,08 |
| Femmes Raw FR-M3 Bench Only | | | | | | | | | | | |
| 1 | [Cathleen Marksteiner](https://www.openpowerlifting.org/u/cathleenmarksteiner) | F | 63~ | Raw |  | 64,5 |  | 70 |  | 70 | 74,22 |
| 2 | [Janice Woerner](https://www.openpowerlifting.org/u/janicewoerner) | F | 63~ | Raw |  | 49,1 |  | 57,5 |  | 57,5 | 72,90 |
| Femmes Raw FR-M4 Bench Only | | | | | | | | | | | |
| 1 | [Denise Johnson](https://www.openpowerlifting.org/u/denisejohnson) | F | 74~ | Raw |  | 46,9 |  | 32,5 |  | 32,5 | 42,63 |
| Hommes Raw MR-M1 Bench Only | | | | | | | | | | | |
| 1 | [Jaisyn Mike](https://www.openpowerlifting.org/u/jaisynmike) | H | 44 | Raw |  | 134 |  | 252,5 |  | 252,5 | 140,11 |
| 2 | [David Boutsomsy](https://www.openpowerlifting.org/u/davidboutsomsy) | H | 40~ | Raw |  | 92,5 |  | 187,5 |  | 187,5 | 119,58 |
| 3 | [Nathaniel Van De Veer](https://www.openpowerlifting.org/u/nathanielvandeveer) | H | 46 | Raw |  | 74,3 |  | 162,5 |  | 162,5 | 117,20 |
| Hommes Raw MR-M2 Bench Only | | | | | | | | | | | |
| 1 | [Callistus Schissel](https://www.openpowerlifting.org/u/callistusschissel) | H | 52~ | Raw |  | 147,7 |  | 245 |  | 245 | 132,30 |
| 2 | [Reginald Miles](https://www.openpowerlifting.org/u/reginaldmiles) | H | 49~ | Raw |  | 82,3 |  | 182,5 |  | 182,5 | 123,77 |
| 3 | [Jack Rubio](https://www.openpowerlifting.org/u/jackrubio) | H | 57~ | Raw |  | 78 |  | 115 |  | 115 | 80,47 |
| Hommes Raw MR-M3 Bench Only | | | | | | | | | | | |
| 1 | [Dennis Alba](https://www.openpowerlifting.org/u/dennisalba) | H | 60 | Raw |  | 74,9 |  | 147,5 |  | 147,5 | 105,89 |
| Hommes Raw MR-M4 Bench Only | | | | | | | | | | | |
| 1 | [Howard Aaron](https://www.openpowerlifting.org/u/howardaaron) | H | 69 | Raw |  | 92,5 |  | 150 |  | 150 | 95,66 |
| 2 | [Mack Hodges](https://www.openpowerlifting.org/u/mackhodges) | H | 74 | Raw |  | 107,7 |  | 140 |  | 140 | 83,59 |
| 3 | [Jeff Morse](https://www.openpowerlifting.org/u/jeffmorse) | H | 69~ | Raw |  | 119,2 |  | 130 |  | 130 | 74,82 |
| Hommes Raw MR-M5 Bench Only | | | | | | | | | | | |
| 1 | [Bill Sander](https://www.openpowerlifting.org/u/billsander) | H | 80 | Raw |  | 81,8 |  | 95 |  | 95 | 64,66 |
| Femmes Pli simple F-M1 Bench Only | | | | | | | | | | | |
| 1 | [Andrea Pettyjohn](https://www.openpowerlifting.org/u/andreapettyjohn) | F | 42~ | Pli simple |  | 119,7 |  | 152,5 |  | 152,5 | 122,43 |
| Femmes Pli simple F-M2 Bench Only | | | | | | | | | | | |
| DQ | [Gretchen Patsios](https://www.openpowerlifting.org/u/gretchenpatsios) | F | 55~ | Pli simple |  | 80,2 |  |  |  |  |  |
| Femmes Pli simple F-M3 Bench Only | | | | | | | | | | | |
| 1 | [Jill Arnow](https://www.openpowerlifting.org/u/jillarnow) | F | 62~ | Pli simple |  | 89,6 |  | 122,5 |  | 122,5 | 109,38 |
| Hommes Pli simple M-M1 Bench Only | | | | | | | | | | | |
| 1 | [Adam Hasty](https://www.openpowerlifting.org/u/adamhasty) | H | 42 | Pli simple |  | 87,2 |  | 192,5 |  | 192,5 | 126,45 |
| 2 | [Antony Dyer](https://www.openpowerlifting.org/u/antonydyer) | H | 41~ | Pli simple |  | 107,4 |  | 197,5 |  | 197,5 | 118,02 |
| Hommes Pli simple M-M3 Bench Only | | | | | | | | | | | |
| 1 | [William Schemel](https://www.openpowerlifting.org/u/williamschemel) | H | 62~ | Pli simple |  | 106 |  | 182,5 |  | 182,5 | 109,63 |