



Développé couché
et musculation

Challenge National Premier pas Développé Handisport Handisport 2022

Nom	MANAA	Calage	4
Prénom	Kenza	Coeff AH de base	1,050
Sexe	F	Coeff bonus	2,25
Âge	11		
Club / structure	Gonesse		
Poids de corps	51,1		

	ESSAI 1	ESSAI 2	ESSAI 3
Charges	10	12	12
Indices (charge X coeff AH) X coeff bonus	23,648	28,373	28,373
Note technique totale	3	2,5	4
Scores totaux (indice X note)	70,943	70,931	113,490

Meilleur Score **113,490**



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Nom	SAKHO	Calage	4
Prénom	Mouna	Coeff AH de base	1,000
Sexe	F	Coeff bonus	2,25
Âge	13		
Club / structure	Gonesse		
Poids de corps	57,0		

	ESSAI 1	ESSAI 2	ESSAI 3
Charges	15	15	17
Indices (charge X coeff AH) X coeff bonus	33,773	33,773	38,273
Note technique totale	2,5	3,5	4
Scores totaux (indice X note)	84,431	118,204	153,090

Meilleur Score **153,090**



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Nom	Lemaire	Calage	13
Prénom	Tom	Coeff AH de base	1,140
Sexe	M	Coeff bonus	1,25
Âge	16		
Club / structure	Gonesse		
Poids de corps	52,5		

	ESSAI 1	ESSAI 2	ESSAI 3
Charges	25	27	28
Indices (charge X coeff AH) X coeff bonus	35,475	38,313	39,738
Note technique totale	2	3	3,5
Scores totaux (indice X note)	70,950	114,938	139,081

Meilleur Score **139,081**



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Nom	VAYSSET	Calage	13
Prénom	Hugo	Coeff AH de base	1,050
Sexe	M	Coeff bonus	1,25
Âge	18		
Club / structure	Nouvelle Aquitaine		
Poids de corps	61,5		

	ESSAI 1	ESSAI 2	ESSAI 3
Charges	30	30	30
Indices (charge X coeff AH) X coeff bonus	39,450	39,450	39,450
Note technique totale	1	3	3
Scores totaux (indice X note)	39,450	118,350	118,350

Meilleur Score **118,350**



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Nom	JARRY	Calage	13
Prénom	Aurelien	Coeff AH de base	1,030
Sexe	M	Coeff bonus	1,25
Âge	17		
Club / structure	Toulouse Lautrec		
Poids de corps	63,8		

	ESSAI 1	ESSAI 2	ESSAI 3
Charges	25	30	40
Indices (charge X coeff AH) X coeff bonus	32,300	38,763	51,688
Note technique totale	2	3	3
Scores totaux (indice X note)	64,600	116,288	155,063

Meilleur Score **155,063**



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Nom	Petet Siby	Calage	13
Prénom	Ismael	Coeff AH de base	1,040
Sexe	M	Coeff bonus	1,25
Âge	16		
Club / structure	Gonesse		
Poids de corps	62,5		

	ESSAI 1	ESSAI 2	ESSAI 3
Charges	40	45	50
Indices (charge X coeff AH) X coeff bonus	52,188	58,713	65,238
Note technique totale	3	3,5	3,5
Scores totaux (indice X note)	156,563	205,494	228,331

Meilleur Score **228,331**



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Challenge National Premier pas Développé Handisport Handisport 2022

Nom	Romby	Calage	14
Prénom	Thomas	Coeff AH de base	1,070
Sexe	M	Coeff bonus	1
Âge	22		
Club / structure	Zuydcoote		
Poids de corps	59,6		

	ESSAI 1	ESSAI 2	ESSAI 3
Charges	42	45	50
Indices (charge X coeff AH) X coeff bonus	44,840	48,040	53,380
Note technique totale	4	4	4
Scores totaux (indice X note)	179,360	192,160	213,520

Meilleur Score **213,520**



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Challenge National Premier pas Développé Handisport Handisport 2022

Nom	Guyot	Calage	13
Prénom	André-Louis	Coeff AH de base	1,070
Sexe	M	Coeff bonus	1,25
Âge	20		
Club / structure	Zuydcoote		
Poids de corps	59,5		

	ESSAI 1	ESSAI 2	ESSAI 3
Charges	50	52	56
Indices (charge X coeff AH) X coeff bonus	66,788	69,450	74,800
Note technique totale	3,5	4	3,5
Scores totaux (indice X note)	233,756	277,800	261,800

Meilleur Score **277,800**



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Challenge National Premier pas Développé Handisport Handisport 2022

Nom	Colloud	Calage	5
Prénom	Hubert	Coeff AH de base	0,870
Sexe	M	Coeff bonus	1
Âge	27		
Club / structure	Handisport Annecien		
Poids de corps	94,3		

	ESSAI 1	ESSAI 2	ESSAI 3
Charges	50	70	80
Indices (charge X coeff AH) X coeff bonus	43,380	60,730	69,410
Note technique totale	0	3	3
Scores totaux (indice X note)	0,000	182,190	208,230

Meilleur Score **208,230**

Classement Femmes Challenge National

PLACE	Nom	Prénom	Club	Score
1	Sakho	Mouna	Gonesse	153,090
2	Manaa	Kenza	Gonesse	113,490

Classement Hommes Challenge National Junior

PLACE	Nom	Prénom	Club	Score
1	GUYOT	André-Louis	Zuydcoote	277,800
2	PETET SIBY	Ismael	Gonesse	228,331
3	JARRY	Aurelien	ulouse Laut	155,063
4	LEMAIRE	Tom	Gonesse	139,081
5	VAYSSET	Hugo	ouvelle Aquita	118,350

Classement Hommes Challenge National Senior

PLACE	Nom	Prénom	Club	Score
1	ROMBY	Thomas	Zuydcoote	213,520
2	COLLOUD	Hubert	disport Anne	208,230



POWERLIFTING COMPETITION SHEET

DATE	CITY / COUNTRY	VENUE	WR	JWR
04/06/2022	Tourcoing			

CATEGORY	GENDER (M)	COMPETITION NAME
Femmes toutes catégories	FEMALE	Championnat de France 2022

Lot No	Family Name	Given Name	Licence	Club	Rack	DoB	Group	BW	Attempts				Best	Score	Rank		
									1st	2nd	3rd	4th					
0	Vincenti	Pauline	34547	Strasbourg	13	13/11/89	- 73	68,1	60,0	V	65,0	N	65,0	N	60,0	55,560	
0	Nghamsi	Mimozette	171021	Gonesse	13	20/12/77	- 55	51,1	102,0	V	105,0	N	105,0	V	105,0	110,380	
0	Beuraert	Whitney	106580	Zuydcoote	13	15/09/00	- 61	55,2	42,0	V	46,0	V	50,0	V	50,0	50,760	
0	Servajean	Martine	10341	Roanne	11	10/10/58	- 45	44,7	62,0	V	66,0	V	68,0	N	66,0	73,840	
0	Ghazouani	Souhad	75396	ASPTT Lille	14	07/08/82	- 79	77,4	120,0	V	126,0	V	132,0	V	132,0	115,830	
0	Hamy	Léa	65692	Zuydcoote	12	25/06/02	- 55	53,4	42,0	V	45,0	V	50,0	V	50,0	51,520	

Competition Official Position	Name	Signature
Chief Referee :		
Side Referee 1 :		
Side Referee 2 :		

Results for the Ranking and Record lists are validated in accordance with the IPC Powerlifting Licensing policy for the current season.

The athletes' names must be written as in their IPC Powerlifting Athlete License

All fields must be filled out in the format that is requested

The Competition Officials fields are mandatory



POWERLIFTING COMPETITION SHEET

DATE	CITY / COUNTRY	VENUE	WR	JWR
04/06/2022	Tourcoing			

CATEGORY	GENDER (M)	COMPETITION NAME
Hommes jusqu'à 72kg	MALE	Championnat de France 2022

Lot No	Family Name	Given Name	Licence	Club	Rack	DoB	Group	BW	Attempts				Best	Score	Rank				
									1st	2nd	3rd	4th							
0	Adelaide	Alex	99736	Gonesse	16	02/11/85	- 49	41,7	100,0	N	102,0	V	106,0	V	106,0	135,260			
0	Bourlon	Axel	50232	Roanne	4	14/03/91	- 65	60,0	155,0	V	162,0	V	170,0	V	173,0	N	170,0	180,920	
0	Atangana	Frederic	81780	Gonesse	14	09/03/87	- 72	66,4	155,0	V	162,0	V	170,0	V	170,0		170,0	172,500	
0	Mbarga	Raphael	46168	Gonesse	18	06/01/82	- 72	69,3	130,0	N	130,0	V	137,0	N	130,0		130,0	129,330	
0	Copin	David	43545	FAHVA	18	02/08/84	- 72	65,7	120,0	V	127,0	V	133,0	V	133,0		133,0	135,620	
0	Da Silva	Fernando	92520	Strasbourg	14	03/07/74	- 72	67,7	135,0	V	140,0	V	145,0	N	140,0		140,0	140,790	
0	Fradin	Dominique	4460	Roanne	11	08/07/64	- 72	65,3	97,0	V	100,0	V	103,0	N	100,0		100,0	102,260	
0	Colard	Ludovic	0	sport Grand	10	21/10/73	- 72	70,9	85,0	N	90,0	N	95,0	N					

Competition Official Position	Name	Signature
Chief Referee :		
Side Referee 1 :		
Side Referee 2 :		

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POWERLIFTING COMPETITION SHEET

DATE	CITY / COUNTRY	VENUE	WR	JWR
04/06/2022	Tourcoing			

CATEGORY	GENDER (M)	COMPETITION NAME
Hommes + de 72kg	FEMALE	Championnat de France 2022

Lot No	Family Name	Given Name	Licence	Club	Rack	DoB	Group	BW	Attempts				Best	Score	Rank				
									1st	2nd	3rd	4th							
0	Avom Mbume	Julien	88618	Gonesse	15	02/08/95	- 80	78,0	120,0	V	135,0	V	152,0	V	152,0	143,310			
0	Pruvost	Anthony	9302	Gonesse	12	26/06/86	- 80	72,3	100,0	V	105,0	V	108,0	V	110,0	N	108,0	105,380	
0	Leplat	Romain	24548	Zuydcoote	14	07/07/03	- 80	76,8	55,0	V	60,0	N	62,0	V	62,0		58,860		
0	Talom	Patrick	89310	FAHVA	18	13/01/79	- 80	76,9	80,0	V	85,0	V	90,0	V	90,0		85,400		
0	Lamart	Yoan	0	AVAP	20	23/10/87	- 80	75,6	150,0	V	160,0	N	160,0	N	150,0		143,430		
0	Bardoux	Kylian	166990	Zuydcoote	14	04/11/01	- 80	77,6	52,0	V	55,0	V	62,0	N	55,0		51,980		
0	Arabat	Rafik	44346	Gonesse	15	04/12/90	- 97	92,7	195,0	V	202,0	V	206,0	V	210,0	N	206,0	180,050	
0	Schreder	Grégory	440	Vandoeuvre	19	08/12/03	- 107	102,8	102,0	V	107,0	V	110,0	V	115,0	V	110,0	92,000	
0	Jayat	Stéphane	0	s2p Coachin	17	08/10/91	+107	125,8	120,0	V	126,0	V	132,0	N	126,0		96,970		

Competition Official Position	Name	Signature
Chief Referee :		
Side Referee 1 :		
Side Referee 2 :		

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The Competition Officials fields are mandatory

Classement meilleur indice Femmes IPC toutes catégories

PLACE	Nom	Prénom	Club	S ou E	Indice	Perf
1	Ghazouani	Souhad	ASPTT Lille	SENIOR	115,8	132
2	Nghamsi	Mimozette	Gonesse	SENIOR	110,4	105
3	Servajean	Martine	Roanne	SENIOR	73,8	66
4	Vincenti	Pauline	Strasbourg	SENIOR	55,6	60
5	Hamy	Léa	Zuydcoote	ESPOIR	51,5	50
6	Beuraert	Whitney	Zuydcoote	SENIOR	50,8	50

Classement meilleur indice IPC Hommes -72kg

PLACE	Nom	Prénom	Club	S ou E	Indice	Perf
1	Bourlon	Axel	Roanne	SENIOR	180,920	170
2	Atangana	Frederic	Gonesse	SENIOR	172,500	170
3	Da Silva	Fernando	Strasbourg	SENIOR	140,790	140
4	Copin	David	FAHVA	SENIOR	135,620	133
5	Adelaide	Alex	Gonesse	SENIOR	135,260	106
6	Mbarga	Raphael	Gonesse	SENIOR	129,330	130
7	Fradin	Dominique	Roanne	SENIOR	102,260	100

Classement meilleur indice IPC Hommes + de72kg

PLACE	Nom	Prénom	Club	S ou E	Indice	Perf
1	Arabat	Rafik	Gonesse	SENIOR	180,050	206
2	Lamart	Yoan	AVAP	SENIOR	143,430	150
3	Avom Mbum	Julien	Gonesse	SENIOR	143,310	152
4	Pruvost	Anthony	Gonesse	SENIOR	105,380	108
5	Jayat	Stéphane	s2p Coachin	SENIOR	96,970	126
6	Schreder	Grégory	Vandoeuvre	ESPOIR	92,000	110
7	Talom	Patrick	FAHVA	SENIOR	85,400	90
8	Leplat	Romain	Zuydcoote	ESPOIR	58,860	62
9	Bardoux	Kylian	Zuydcoote	SENIOR	51,980	55

Classement meilleur indice Hommes IPC toutes catégories

PLACE	Nom	Prénom	Club	S ou E	Indice	Perf
1	Bourlon	Axel	Roanne	SENIOR	180,9	170
2	Arabat	Rafik	Gonesse	SENIOR	180,1	206
3	Atangana	Frederic	Gonesse	SENIOR	172,5	170
4	Lamart	Yoan	AVAP	SENIOR	143,4	150
5	Avom Mbum	Julien	Gonesse	SENIOR	143,3	152
6	Da Silva	Fernando	Strasbourg	SENIOR	140,8	140
7	Copin	David	FAHVA	SENIOR	135,6	133
8	Adelaide	Alex	Gonesse	SENIOR	135,3	106
9	Mbarga	Raphael	Gonesse	SENIOR	129,3	130
10	Pruvost	Anthony	Gonesse	SENIOR	105,4	108
11	Fradin	Dominique	Roanne	SENIOR	102,3	100
12	Jayat	Stéphane	s2p Coachin	SENIOR	97,0	126
13	Schreder	Grégory	Vandoeuvre	ESPOIR	92,0	110
14	Talom	Patrick	FAHVA	SENIOR	85,4	90
15	Leplat	Romain	Zuydcoote	ESPOIR	58,9	62
16	Bardoux	Kylian	Zuydcoote	SENIOR	52,0	55

Classement par équipes

CLASSEMENT	EQUIPES	POINTS
1	GONESSE	518,120
2	ROANNE	393,940
3	ZUYDCOOTE	239,875
4	ASHPA	224,130
5	FAHVA	221,020
6	LILLE	173,745
7	AVAP	143,430
8	2S2P Coaching	96,970

Classement super challenge

CLASSEMENT	EQUIPES	POINTS
1	Gonesse	935,485
2	Roanne	783,435
3	ASHPA	465,935
4	Zuydcoote	464,263
5	Lille	343,500
6	FAHVA	339,650
7	Avap	143,430
8	Vandoeuvre	134,768