



Développé couché  
et musculation

### Challenge National Premier pas Développé Handisport Handisport 2019

Nom	<b>Soukouna</b>	Calage	14
Prénom	<b>Yousseuf</b>	Coeff AH de base	1,170
Sexe	M	Coeff bonus	1,5
Âge	14		
Club / structure	Gonesse		
Poids de corps	<b>49,6</b>		

	ESSAI 1	ESSAI 2	ESSAI 3
Charges	<b>30</b>	<b>32</b>	<b>34</b>
Indices (charge X coeff AH) X coeff bonus	52,545	56,055	59,550
Séquence Position (0 ou 1)	<b>1</b>	<b>1</b>	<b>0</b>
Contôle de barre (0 ou 1)	<b>1</b>	<b>1</b>	<b>0</b>
Temps d'arrêt / respiration (0 ou 1)	<b>1</b>	<b>1</b>	<b>1</b>
Développé (0 ou 1)	<b>0</b>	<b>1</b>	<b>0</b>
<b>Note technique totale</b>	<b>3</b>	<b>4</b>	<b>1</b>
<b>Scores totaux (indice X note)</b>	<b>157,635</b>	<b>224,220</b>	<b>59,550</b>

**Meilleur Score** **224,220**



### Challenge National Premier pas Développé Handisport Handisport 2019

Nom	<b>Lamdaouar</b>	Calage	16
Prénom	<b>Youssef</b>	Coeff AH de base	0,870
Sexe	M	Coeff bonus	1,5
Âge	14		
Club / structure	Gonesse		
Poids de corps	<b>94,9</b>		

	ESSAI 1	ESSAI 2	ESSAI 3
Charges	<b>65</b>	<b>69</b>	<b>73</b>
Indices (charge X coeff AH) X coeff bonus	84,360	89,550	94,755
Séquence Position (0 ou 1)	<b>1</b>	<b>0</b>	<b>1</b>
Contôle de barre (0 ou 1)	<b>1</b>	<b>1</b>	<b>0</b>
Temps d'arrêt / respiration (0 ou 1)	<b>1</b>	<b>1</b>	<b>1</b>
Développé (0 ou 1)	<b>1</b>	<b>1</b>	<b>1</b>
<b>Note technique totale</b>	<b>4</b>	<b>3</b>	<b>3</b>
<b>Scores totaux (indice X note)</b>	<b>337,440</b>	<b>268,650</b>	<b>284,265</b>

**Meilleur Score** **337,440**



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### Challenge National Premier pas Développé Handisport Handisport 2019

Nom	<b>Ben Hadj</b>	Calage	13
Prénom	<b>Zakaria</b>	Coeff AH de base	1,030
Sexe	M	Coeff bonus	1,25
Âge	17		
Club / structure	Gonesse		
Poids de corps	<b>63,9</b>		

	ESSAI 1	ESSAI 2	ESSAI 3
Charges	<b>47</b>	<b>49</b>	<b>50</b>
Indices (charge X coeff AH) X coeff bonus	60,688	63,275	64,563
Séquence Position (0 ou 1)	<b>1</b>	<b>1</b>	<b>1</b>
Contôle de barre (0 ou 1)	<b>1</b>	<b>1</b>	<b>1</b>
Temps d'arrêt / respiration (0 ou 1)	<b>0</b>	<b>1</b>	<b>0</b>
Développé (0 ou 1)	<b>0</b>	<b>0</b>	<b>1</b>
<b>Note technique totale</b>	<b>2</b>	<b>3</b>	<b>3</b>
<b>Scores totaux (indice X note)</b>	<b>121,375</b>	<b>189,825</b>	<b>193,688</b>

**Meilleur Score** **193,688**



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### Challenge National Premier pas Développé Handisport Handisport 2019

Nom	<b>Coulibaly</b>	Calage	16
Prénom	<b>Aminata</b>	Coeff AH de base	0,920
Sexe	F	Coeff bonus	1,875
Âge	20		
Club / structure	Gonesse		
Poids de corps	<b>68,7</b>		

	ESSAI 1	ESSAI 2	ESSAI 3
Charges	<b>53</b>	<b>57</b>	<b>60</b>
Indices (charge X coeff AH) X coeff bonus	91,688	98,606	103,781
Séquence Position (0 ou 1)	<b>0</b>	<b>1</b>	<b>1</b>
Contôle de barre (0 ou 1)	<b>1</b>	<b>1</b>	<b>1</b>
Temps d'arrêt / respiration (0 ou 1)	<b>1</b>	<b>1</b>	<b>1</b>
Développé (0 ou 1)	<b>1</b>	<b>0</b>	<b>1</b>
<b>Note technique totale</b>	<b>3</b>	<b>3</b>	<b>4</b>
<b>Scores totaux (indice X note)</b>	<b>275,063</b>	<b>295,819</b>	<b>415,125</b>

**Meilleur Score** **415,125**



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### Challenge National Premier pas Développé Handisport Handisport 2019

Nom	<b>Walker</b>	Calage	11
Prénom	<b>Penelope</b>	Coeff AH de base	0,970
Sexe	F	Coeff bonus	1,5
Âge	55		
Club / structure	Poitiers		
Poids de corps	<b>60,5</b>		

	ESSAI 1	ESSAI 2	ESSAI 3
Charges	<b>37</b>	<b>40</b>	<b>45</b>
Indices (charge X coeff AH) X coeff bonus	54,090	58,485	65,790
Séquence Position (0 ou 1)	<b>1</b>	<b>1</b>	<b>1</b>
Contôle de barre (0 ou 1)	<b>1</b>	<b>1</b>	<b>1</b>
Temps d'arrêt / respiration (0 ou 1)	<b>0</b>	<b>0</b>	<b>1</b>
Développé (0 ou 1)	<b>0</b>	<b>1</b>	<b>0</b>
<b>Note technique totale</b>	<b>2</b>	<b>3</b>	<b>3</b>
<b>Scores totaux (indice X note)</b>	<b>108,180</b>	<b>175,455</b>	<b>197,370</b>

**Meilleur Score** **197,370**

## Classement par équipes

CLASSEMENT	EQUIPES	POINTS
1	GONESSE	474,810
2	ROANNE	384,965
3	FAHVA	325,583
4	ZUYDCOOTE	252,175
5	TORCY	165,660
6	ASPTT LILLE	161,295
7	PONTARLIER	141,050



## POWERLIFTING COMPETITION SHEET

DATE	CITY / COUNTRY	VENUE	WR	JWR
07/12/2019	Villeneuve d'Ascq			

CATEGORY	GENDER (M)	COMPETITION NAME
Femmes	MALE	Coupe de France des clubs 2019

Lot No	Family Name	Given Name	Licence	Club	Rack	DoB	Group	BW	Attempts				Best	Score	Rank				
									1st	2nd	3rd	4th							
0	Servajean	Martine	10341	Roanne	11	10/10/58	- 50	46,8	58,0	V	61,0	V	63,0	N	61,0	66,790			
0	Nghamsi	Mimozette	171021	Gonesse	11	20/12/77	- 50	45,8	80,0	N	82,0	V	87,0	N	82,0	90,700			
0	Ghazouani	Souhad	75396	ASPTT Lille	14	07/08/82	- 79	73,6	115,0	V	120,0	V	125,0	N	120,0	107,530			
0	Beuraert	Whitney	106580	Zuydcoote	12	15/09/00	- 50	45,6	38,0	V	42,0	V	44,0	N	47,0	N	42,0	46,550	

Competition Official Position	Name	Signature
Chief Referee :	Marianne Sornein	
Side Referee 1 :	Jean Bernard Gebert	
Side Referee 2 :	Johann Biree	

*Results for the Ranking and Record lists are validated in accordance with the IPC Powerlifting Licensing policy for the current season.*

*The athletes' names must be written as in their IPC Powerlifting Athlete License*

*All fields must be filled out in the format that is requested*

*The Competition Officials fields are mandatory*





## POWERLIFTING COMPETITION SHEET

DATE	CITY / COUNTRY	VENUE	WR	JWR
07/12/2019	Villeneuve d'Ascq			

CATEGORY	GENDER (M)	COMPETITION NAME
Hommes jusqu'à 65kg	MALE	Coupe de France des clubs 2019

Lot No	Family Name	Given Name	Licence	Club	Rack	DoB	Group	BW	Attempts				Best	Score	Rank				
									1st	2nd	3rd	4th							
0	Traore	Moussa	17642	Gonesse	16	29/12/74	- 54	49,6	87,0	V	91,0	N	91,0	N	87,0	101,600			
0	Bourlon	Axel	50232	Roanne	4	14/03/91	- 59	57,0	155,0	V	160,0	V	165,0	V	170,0	N	165,0	179,970	
0	Ardon	Patrick	279	Gonesse	11	27/04/83	- 54	50,5	137,0	V	143,0	V	146,0	N	143,0	165,500			
0	Leplat	Romain	24548	Zuydcoote	4	07/07/03	- 59	55,3	42,0	V	45,0	V	50,0	V	50,0	55,340			
0	Oubaali	Hamza	33646	Gonesse	4+	08/05/99	- 72	67,0	58,0	V	61,0	V	65,0	V	65,0	65,680			

Competition Official Position	Name	Signature
Chief Referee :	Barbara Meyer	
Side Referee 1 :	Marianne Sornein	
Side Referee 2 :	Jean Bernard Gebert	

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POWERLIFTING COMPETITION SHEET

DATE	CITY / COUNTRY	VENUE	WR	JWR
07/12/2019	Villeneuve d'Ascq			

CATEGORY	GENDER (M)	COMPETITION NAME
Hommes jusqu'à 72kg	MALE	Coupe de France des clubs 2019

Lot No	Family Name	Given Name	Licence	Club	Rack	DoB	Group	BW	Attempts				Best	Score	Rank			
									1st	2nd	3rd	4th						
0	Fradin	Dominique	4460	Roanne	11	08/07/64	- 72	66,0	97,0	V	100,0	V	103,0	V	103,0	104,810		
0	Benssoum	Badr-Eddine	83337	Gonesse	15	15/10/99	- 72	68,2	63,0	V	68,0	V	73,0	V	73,0	73,160		
0	Pruvost	Anthony	9302	Gonesse	13	26/06/86	- 72	69,0	100,0	V	105,0	V	108,0	V	108,0	107,660		
0	Copin	David	43545	FAHVA	17	02/08/84	- 72	65,1	120,0	V	125,0	V	130,0	V	130,0	133,130		
0	Bouchentouf	Ilies	79317	Zuydcoote	15	08/10/01	- 72	66,3	75,0	V	80,0	N	80,0	V	82,0	N	80,0	81,230

Competition Official Position	Name	Signature
Chief Referee :	Jean Bernard Gebert	
Side Referee 1 :	Johann Biree	
Side Referee 2 :	Barbara Meyer	

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POWERLIFTING COMPETITION SHEET



DATE	CITY / COUNTRY	VENUE	WR	JWR
07/12/2019	Villeneuve d'Ascq			

CATEGORY	GENDER (M)	COMPETITION NAME
Hommes + de 72kg	MALE	Coupe de France des clubs 2019

Lot No	Family Name	Given Name	Licence	Club	Rack	DoB	Group	BW	Attempts				Best	Score	Rank				
									1st	2nd	3rd	4th							
0	Avom Mbum	Julien	88618	Torcy	14	02/08/95	- 80	78,3	166,0	V	172,0	V	176,0	V	179,0	V	176,0	165,660	
0	Laye	Gregory	0	Gonesse	15	29/07/83	- 80	77,8	135,0	N	140,0	V	142,0	N			140,0	132,150	
0	Talom	Patrick	89310	FAHVA	17	13/01/79	- 80	78,0	75,0	V	80,0	V	85,0	V			85,0	80,140	
0	Arabat	Rafik	44346	Gonesse	16	04/12/90	- 97	90,3	180,0	V	190,0	V	196,0	V	201,0	N	196,0	173,260	
0	Camdessoud	Julien	60934	Pontarlier	15	24/05/86	- 88	87,0	150,0	V	157,0	V	162,0	N			157,0	141,050	
0	Rohart	Maxence	142022	FAHVA	16	27/06/99	- 107	104,1	98,0	V	103,0	N	108,0	V	110,0	N	108,0	89,850	

Competition Official Position	Name	Signature
Chief Referee :	Mehdi Ourizat	
Side Referee 1 :	Marianne Sornein	
Side Referee 2 :	Moussa Traore	

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