

AFRICAN POWERLIFTING FEDERATION

African Mens Classic Benchpress Championships, Meknes (Morocco), 15-17.09.2022

SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
Open												
-66kg												
1.	Elouaflin Michael	06.06.89	CIV	61,79	0,5881	1	120,0	135,0	140,0	140,0	82,34	12
-74kg												
1.	Ben Chaib Youssef	29.11.94	MOR	73,89	0,5337	2	130,0	132,5	135,0	132,5	70,72	12
-93kg												
1.	Niagne Franck Patrick	03.07.91	CIV	87,75	0,4883	6	160,0	180,0	200,0	180,0	87,90	12
-105kg												
1.	Hazem Mostafa	22.07.96	EGY	103,06	0,4517	9	185,0	192,5	197,5	197,5	89,20	12
2.	Zahouri Mohamed	06.10.91	MOR	103,47	0,4508	11	185,0	190,0	197,5	190,0	85,66	9
-120kg												
1.	Borris Ouantchi	25.04.89	CIV	118,52	0,4241	14	170,0	185,0	200,0	200,0	84,83	12
2.	Gustave Fezan Bi	22.03.88	CIV	116,86	0,4267	15	170,0	190,0	200,0	190,0	81,08	9

Team (points)

1.	Ivory Coast	45	[12+12+12+9]	136,14	IPF GL
2.	Morocco	21	[12+9]	56,38	IPF GL
3.	Egypt	12	[12]	89,20	IPF GL

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Hazem Mostafa	Egypt	103,06	197,5	89,2040	1
2.	Niagne Franck Patrick	Ivory Coast	87,75	180,0	87,8967	1
3.	Zahouri Mohamed	Morocco	103,47	190,0	85,6577	2

Masters 1

-105kg												
1.	Ballil Nezar	30.05.78	MOR	103,80	0,4502	8	180,0	190,0	195,0	195,0	87,78	12

Team (points)

1.	Morocco	12	[12]	87,78	IPF GL
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Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Ballil Nezar	Morocco	103,80	195,0	87,7816	1

Masters 2

-93kg												
1.	Jamal Hamid	18.04.71	MOR	91,16	0,4791	4	125,0	130,0	X	130,0	62,29	12
-120kg												
1.	de Beer Hermanus	15.04.70	RSA	114,07	0,4313	12	140,0	152,5	152,5	140,0	60,38	12
120+kg												
1.	Crain John	09.12.69	RSA	120,75	0,4208	16	160,0	170,0	170,0	160,0	67,32	12

Team (points)

1.	South Africa	24	[12+12]	27,70	IPF GL
2.	Morocco	12	[12]	62,29	IPF GL

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Crain John	South Africa	120,75	160,0	67,3214	1
2.	Jamal Hamid	Morocco	91,16	130,0	62,2868	1
3.	de Beer Hermanus	South Africa	114,07	140,0	60,3806	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
 1.4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AFRICAN POWERLIFTING FEDERATION
African Mens Equipped Benchpress Championships, Meknes (Morocco), 15-17.09.2022

SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
Masters 2												
-93kg												
1.	Jamal Hamid	18.04.71	MOR	91,16	0,3347	2	147,5	X	X	147,5	49,37	12

Team (points)

1. Morocco	12 [12]	49,37 IPF GL
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Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Jamal Hamid	Morocco	91,16	147,5	49,3693	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

MOR = Morocco