

British Equipped Championships - Saturday 18/01/20

Name	Team	Div	Bwt - kg	IPF Wt CIs	lot#	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	PI/Div/CIs/Event	IPF Points
Amelia Maycock	NM	F-E-JR	62.10	63	9	130.0	-140.0	-140.0	130.0	70.0	75.0	80.0	80.0	210.0	145.0	155.0	-165.0	155.0	365.0	1/F-E-JR/63/PL	510.29
Hannah Graham	NM	F-E-JR	82.10	84	25	-160.0	-160.0	160.0	160.0	80.0	85.0	90.0	90.0	250.0	100.0	0.0	0.0	100.0	350.0	1/F-E-JR/84/PL	446.86
Emma Goodwin	SM	F-E-SNR	51.70	52	6	162.5	172.5	180.0	180.0	80.0	-85.0	-85.0	80.0	260.0	175.0	-187.5	-198.0	175.0	435.0	1/F-E-SNR/52/PL	637.54
Romina Basting	EM	F-E-SNR	51.90	52	5	137.5	142.5	147.5	147.5	75.0	-80.0	80.0	80.0	227.5	122.5	130.0	135.0	135.0	362.5	2/F-E-SNR/52/PL	547.26
Linzi Waite	NM	F-E-SNR	52.00	52	4	125.0	132.5	137.5	137.5	65.0	70.0	-75.0	70.0	207.5	120.0	130.0	135.0	135.0	342.5	3/F-E-SNR/52/PL	522.23
Ellie Steel	SM	F-E-SNR	58.50	63	16	200.0	215.0	222.5	222.5	140.0	-160.0	160.0	160.0	382.5	157.5	167.5	172.5	172.5	555.0	1/F-E-SNR/63/PL	740.75
Lauren Elder	NI	F-E-SNR	62.80	63	15	175.0	182.5	187.5	187.5	85.0	-90.0	-90.0	85.0	272.5	180.0	-190.0	190.0	190.0	462.5	2/F-E-SNR/63/PL	615.67
Lucy Hart	SM	F-E-SNR	59.80	63	13	170.0	-177.5	180.0	180.0	85.0	90.0	-98.0	90.0	270.0	152.5	160.0	165.0	165.0	435.0	3/F-E-SNR/63/PL	597.41
Fay Jordan	EM	F-E-SNR	62.30	63	14	140.0	145.0	150.0	150.0	-197.5	107.5	115.0	115.0	265.0	150.0	-166.0	155.0	155.0	420.0	4/F-E-SNR/63/PL	570.62
Leanne Wilson	NM	F-E-SNR	62.40	63	12	-130.0	130.0	137.5	137.5	60.0	-65.0	-65.0	60.0	197.5	145.0	155.0	-165.0	155.0	352.5	5/F-E-SNR/63/PL	495.47
Holly Bryans	NM	F-E-SNR	71.50	72	24	200.0	215.0	225.0	225.0	125.0	132.5	140.0	140.0	365.0	170.0	180.0	190.0	190.0	555.0	1/F-E-SNR/72/PL	680.00
Kimberley Cowell	NW	F-E-SNR	68.90	72	23	190.0	-200.0	-200.0	190.0	120.0	-122.5	122.5	122.5	312.5	170.0	180.0	-187.5	180.0	492.5	2/F-E-SNR/72/PL	624.54
Amy Spencer	SW	F-E-SNR	71.50	72	22	-185.0	187.5	192.5	192.5	-105.0	-107.5	-107.5	0.0	0.0	150.0	157.5	-162.5	157.5	0.0		
Christie Civetta	EM	F-E-SNR	83.50	84	30	195.0	-205.0	205.0	205.0	125.0	-130.0	-130.0	125.0	330.0	175.0	185.0	-190.0	185.0	515.0	1/F-E-SNR/84/PL	602.48
Sheri Miles	SE	F-E-SNR	81.20	84	29	-180.0	-180.0	180.0	180.0	110.0	115.0	-117.5	115.0	295.0	195.0	-210.0	210.0	210.0	505.0	2/F-E-SNR/84/PL	598.91
Jaclyn Smith	SCO	F-E-SNR	82.00	84	28	125.0	130.0	135.0	135.0	-75.0	75.0	80.0	80.0	215.0	122.5	130.0	137.5	137.5	352.5	3/F-E-SNR/84/PL	449.45
Katerina Sweatman	WM	F-E-SNR	126.20	84+	34	222.5	-235.0	-235.0	222.5	160.0	170.0	180.0	180.0	402.5	180.0	-190.0	-197.5	180.0	582.5	1/F-E-SNR/84+/PL	581.63
Charlie Marillier	SW	F-E-SNR	96.20	84+	32	175.0	185.0	195.0	195.0	130.0	135.0	140.0	140.0	335.0	142.5	-150.0	-150.0	142.5	477.5	2/F-E-SNR/84+/PL	539.98
Inara Kuseile	NM	F-E-SNR	111.80	84+	35	165.0	177.5	-190.0	177.5	80.0	-86.0	85.0	85.0	262.5	180.0	192.5	-206.0	192.5	455.0	3/F-E-SNR/84+/PL	496.15
Gemma Haywood	EM	F-E-SNR	99.90	84+	33	120.0	140.0	160.0	160.0	65.0	85.0	-95.0	85.0	245.0	140.0	160.0	175.0	175.0	420.0	4/F-E-SNR/84+/PL	482.59
Louise Edwards	YNE	F-E-M1	51.30	52	3	127.5	137.5	143.0	143.0	62.5	-65.0	65.0	65.0	208.0	140.0	150.0	-155.0	150.0	358.0	1/F-E-M1/52/PL	544.56
Amanda Hughes	SM	F-E-M1	51.30	52	2	122.5	130.0	135.0	135.0	75.0	80.0	83.0	83.0	218.0	112.5	122.5	130.0	130.0	348.0	2/F-E-M1/52/PL	532.18
Helen Hughes	NM	F-E-M1	56.40	57	8	137.5	145.0	150.0	150.0	90.0	97.5	-102.5	97.5	247.5	140.0	150.0	160.0	160.0	407.5	1/F-E-M1/57/PL	580.54
Rosmary Lima Gallo	SW	F-E-M1	62.50	63	10	165.0	172.5	180.0	180.0	90.0	95.0	97.5	97.5	277.5	175.0	182.5	185.0	185.0	462.5	1/F-E-M1/63/PL	616.91
Galit Goldshmid	SM	F-E-M1	62.00	63	11	145.0	155.0	165.0	165.0	95.0	100.0	105.0	105.0	270.0	155.0	165.0	167.5	167.5	437.5	2/F-E-M1/63/PL	591.20
Joanne Barnes	YNE	F-E-M1	71.20	72	20	155.0	162.5	167.5	167.5	97.5	-100.0	-100.0	97.5	265.0	150.0	160.0	-166.0	160.0	425.0	1/F-E-M1/72/PL	546.67
Wendie Kirkland	NM	F-E-M1	70.70	72	19	147.5	155.0	-160.0	155.0	-107.5	-107.5	107.5	107.5	262.5	130.0	137.5	145.0	145.0	407.5	2/F-E-M1/72/PL	529.96
Catherine Gordon	SCO	F-E-M1	70.10	72	21	145.0	152.5	-167.5	152.5	85.0	90.0	-95.0	90.0	242.5	155.0	162.5	-167.5	162.5	405.0	3/F-E-M1/72/PL	529.05
Catherine Burroughs	EM	F-E-M1	82.80	84	27	155.0	165.0	170.0	170.0	85.0	90.0	-92.5	90.0	260.0	155.0	165.0	172.5	172.5	432.5	1/F-E-M1/84/PL	524.97
Michelle Brand	SCO	F-E-M1	90.50	84+	31	135.0	145.0	152.5	152.5	95.0	100.0	105.0	105.0	257.5	125.0	-140.0	-140.0	125.0	382.5	1/F-E-M1/84+/PL	463.30
Michelle Franklin	NM	F-E-M2	56.30	57	7	120.0	-127.5	-132.5	120.0	67.5	72.5	-75.0	72.5	192.5	115.0	125.0	140.0	140.0	332.5	1/F-E-M2/57/PL	493.05
Joy Mineo	NM	F-E-M2	68.90	72	18	155.0	162.5	-175.5	162.5	-87.5	-90.0	90.0	90.0	252.5	145.0	157.5	0.0	157.5	410.0	1/F-E-M2/72/PL	537.77
Maureen Gordon	SCO	F-E-M2	71.90	72	17	85.0	-96.0	95.0	95.0	85.0	88.5	90.0	90.0	185.0	122.5	127.5	132.5	132.5	317.5	2/F-E-M2/72/PL	434.00
Melissa Wall	SCO	F-E-M2	75.40	84	26	115.0	120.0	122.5	122.5	65.0	67.5	70.0	70.0	192.5	125.0	130.0	135.0	135.0	327.5	1/F-E-M2/84/PL	437.14
Jenny Hunter	EM	F-E-M3	51.80	52	1	95.0	105.0	112.5	112.5	70.0	-75.0	75.0	75.0	187.5	125.0	135.0	143.0	135.0	322.5	1/F-E-M3/52/PL	498.50
Ben Hartley	NM	M-E-JR	69.70	74	2	200.0	-210.0	-210.0	200.0	100.0	110.0	-120.0	110.0	310.0	170.0	190.0	-202.5	190.0	500.0	1/M-E-JR/74/PL	481.33
Phil Richard	WAL	M-E-M1	76.60	83	15	275.0	-290.0	303.0	303.0	190.0	205.0	-215.5	205.0	508.0	230.0	245.0	-255.0	245.0	753.0	1/M-E-M1/83/PL	652.42
Jasvinder Singh Cheema	WM	M-E-M1	81.20	83	13	220.0	235.0	240.0	240.0	-190.0	195.0	200.0	200.0	440.0	215.0	225.0	-227.5	225.0	665.0	2/M-E-M1/83/PL	563.24
Shaun Haynes	NM	M-E-M1	81.70	83	14	220.0	235.0	245.0	245.0	175.0	185.0	-196.0	185.0	430.0	220.0	230.0	-237.5	230.0	660.0	3/M-E-M1/83/PL	557.44
Bernard McGurk	SCO	M-E-M2	73.80	74	6	235.0	250.0	0.0	250.0	140.0	-145.0	-145.0	140.0	390.0	250.0	265.0	-280.5	265.0	655.0	1/M-E-M2/74/PL	588.88
Robert Rodney	GL	M-E-M2	81.80	83	10	180.0	195.0	205.0	205.0	130.0	135.0	-140.0	135.0	340.0	250.0	-270.0	270.0	270.0	610.0	1/M-E-M2/83/PL	519.34
George Miller	NI	M-E-M2	81.90	83	12	210.0	220.0	225.0	225.0	145.0	150.0	152.5	152.5	377.5	215.0	230.0	-237.5	230.0	607.5	3/M-E-M2/83/PL	517.09
Glen Blacklock	YNE	M-E-M2	82.30	83	11	215.0	225.0	-230.0	225.0	140.0	-145.0	145.0	145.0	370.0	220.0	232.5	240.0	240.0	610.0	2/M-E-M2/83/PL	517.50
Allen Ottolanqui	EM	M-E-M3	74.00	74	5	200.0	215.0	226.0	226.0	130.0	-135.0	-135.0	130.0	356.0	190.0	210.0	-225.0	210.0	566.0	1/M-E-M3/74/PL	516.43
Michael James	SM	M-E-M4	65.60	66	4	150.0	-160.0	160.0	160.0	90.0	105.0	107.5	107.5	267.5	170.0	180.0	190.0	190.0	457.5	1/M-E-M4/66/PL	463.97
Stan Macrow	WM	M-E-M4	69.90	74	3	145.0	155.0	165.0	165.0	75.0	80.0	85.0	85.0	250.0	175.0	185.0	-190.0	185.0	435.0	1/M-E-M4/74/PL	426.26
Sunil Chahal	WM	M-E-SNR	73.60	74	8	200.0	212.5	-220.0	212.5	160.0	-167.5	-167.5	160.0	372.5	0.0	0.0	0.0	0.0	0.0		
Paul Campbell	NM	M-E-SNR	73.60	74	9	-260.0	260.0	265.0	265.0	-165.0	165.0	-170.0	165.0	430.0	250.0	-260.0	-260.0	250.0	680.0	1/M-E-SNR/74/PL	610.03
Aodham Phillips-Lees	NM	M-E-SNR	73.70	74	7	-225.0	232.5	245.0	245.0	150.0	160.0	-167.5	160.0	405.0	170.0	190.0	197.5	197.5	602.5	2/M-E-SNR/74/PL	547.12
Thomas Saunders	EM	M-E-SNR	82.80	83	16	225.0	245.0	257.5	257.5	165.0	-176.0	-176.0	165.0	422.5	225.0	240.0	-252.5	240.0	662.5	1/M-E-SNR/83/PL	554.97
Daniel McGauley SO	EM	M-E-SO	55.30	59	1	117.5	125.0	-130.0	125.0	80.0	85.0	-87.5	85.0	210.0	105.0	115.0	-117.5	115.0	325.0	1/M-E-SO/59/PL	393.41

British Equipped Championships - Sunday 19/01/20

Name	Team	Div	Bwt - kg	IPF Wt CIs	lot#	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	PI/Div/CIs/Event	IPF Points
Jo Whiteley	NM	F-C-M2	132.50	84+	1	120.0	0.0	0.0	120.0	90.0	97.5	102.5	102.5	0.0	120.0	0.0	0.0	120.0	342.5		449.93
Ray Bowring	SM	M-E-SJ	147.00	120+	21	-365.0	380.0	-403.5	380.0	200.0	-245.0	-220.0	200.0	580.0	270.0	290.0	-305.0	290.0	870.0	1/M-E-SJ/120+/PL	532.61
Rob Palmer	GL	M-E-SNR	92.20	93	10	-340.0	340.0	0.0	340.0	-240.0	240.0	-262.5	240.0	580.0	280.0	300.0	-307.5	300.0	880.0	1/M-E-SNR/93/PL	675.21
Matt Watson	EM	M-E-SNR	92.80	93	7	275.0	287.5	292.5	292.5	190.0	195.0	200.0	200.0	492.5	210.0	220.0	232.5	232.5	725.0	2/M-E-SNR/93/PL	564.28
Khalon Hodson	NM	M-E-SNR	92.00	93	5	-270.0	270.0	-290.0	270.0	-190.0	190.0	-200.0	190.0	460.0	240.0	252.5	-265.0	252.5	712.5	3/M-E-SNR/93/PL	558.16
Thomas Morgan	WAL	M-E-SNR	89.80	93	6	-275.0	-280.0	-280.0	0.0	170.0	180.0	200.0	200.0	0.0	215.0	230.0	242.5	242.5	0.0		
Hugo Duarte	EM	M-E-SNR	92.40	93	8	-320.0	-320.0	-320.0	0.0	-240.0	210.0	-245.0	210.0	0.0	270.0	282.5	-295.0	282.5	0.0		
Andy Champ	EM	M-E-SNR	92.50	93	9	-290.0	305.0	-315.0	305.0	-250.0	-250.0	-250.0	0.0	0.0	270.0	280.0	285.0	285.0	0.0		
John Hamson	NM	M-E-SNR	102.00	105	15	-300.0	-315.0	315.0	315.0	220.0	230.0	0.0	230.0	545.0	275.0	290.0	-305.0	290.0	835.0	1/M-E-SNR/105/PL	609.81
Robert Hutton	SW	M-E-SNR	97.10	105	14	270.0	277.5	282.5	282.5	170.0	-177.5	-177.5	170.0	452.5	275.0	287.5	300.0	300.0	752.5	2/M-E-SNR/105/PL	569.48
Louis Phelps	SW	M-E-SNR	104.90	105	13	280.0	-292.5	-292.5	280.0	155.0	-162.5	0.0	155.0	435.0	240.0	255.0	262.5	262.5	697.5	3/M-E-SNR/105/PL	511.02
Dave Richardson	NM	M-C-SNR	119.50	120	19	315.0	325.0	330.0	330.0	195.0	200.0	-202.5	200.0	530.0	335.0	350.0	370.5	370.5	900.5	1/M-E-SNR/120/PL	753.34
Jack Cook	EM	M-E-SNR	112.60	120	20	315.0	330.0	340.0	340.0	225.0	235.0	242.5	242.5	582.5	317.5	-330.0	-330.0	317.5	900.0	2/M-E-SNR/120/PL	621.15
Tony Cliffe	NW	M-C-SNR	126.00	120+	24	300.0	320.0	-330.0	320.0	222.5	232.5	242.5	242.5	562.5	310.0	337.5	350.0	350.0	912.5	1/M-E-SNR/120+/PL	742.82
Jordan McLaughlin	NW	M-E-SNR	144.00	120+	23	330.0	350.0	357.5	357.5	205.0	-242.5	-242.5	205.0	562.5	310.0	330.0	-337.5	330.0	892.5	2/M-E-SNR/120+/PL	550.01
Russel Kirby	SM	M-E-M1	103.60	105	12	315.0	325.0	330.0	330.0	90.0	-100.0	105.0	105.0	435.0	250.0	260.0	270.0	270.0	705.0	1/M-E-M1/105/PL	519.23
Ian Ryan	NM	M-E-M1	118.70	120	18	275.0	302.5	-310.0	302.5	210.0	215.0	-220.0	215.0	517.5	225.0	230.0	-235.0	230.0	747.5	1/M-E-M1/120/PL	511.66
Chris Godfrey	YNE	M-E-M1	119.20	120	17	-270.0	270.0	-290.0	270.0	-180.0	180.0	190.0	190.0	460.0	220.0	232.5	-240.0	232.5	692.5	2/M-E-M1/120/PL	476.90
James Brincat-Smith	NM	M-E-M1	207.00	120+	22	-340.0	340.0	-382.5	340.0	220.0	230.0	240.0	240.0	580.0	220.0	0.0	0.0	220.0	800.0	1/M-E-M1/120+/PL	430.65
David Carter	YNE	M-E-M2	92.80	93	3	217.5	230.0	240.0	240.0	145.0	152.5	157.5	157.5	397.5	260.0	280.0	287.5	287.5	685.0	1/M-E-M2/93/PL	536.27
James Mutrie	SCO	M-E-M2	92.70	93	4	215.0	230.0	-240.0	230.0	155.0	-160.0	-160.0	155.0	385.0	210.0	220.0	-225.0	220.0	605.0	2/M-E-M2/93/PL	480.53
David Charnock	NW	M-E-M2	104.60	105	11	200.0	220.0	240.0	240.0	145.0	155.0	160.0	160.0	400.0	225.0	235.0	240.0	240.0	640.0	1/M-E-M2/105/PL	474.05
Phil Frost	YNE	M-E-M2	119.70	120	16	-260.0	250.0	-265.0	250.0	207.5	215.5	-218.0	215.5	465.5	205.0	225.0	235.0	235.0	700.5	1/M-E-M2/120/PL	480.85
Kevin Jane	EM	M-E-M3	92.80	93	2	230.0	245.0	255.0	255.0	160.0	155.0	160.0	160.0	415.0	230.0	245.0	-260.0	245.0	660.0	1/M-E-M3/93/PL	518.76

British Equipped Bench Championships - Sunday 19/01/20

Name	Team	Div	Bwt - kg	IPF Wt CIs	lot#	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	Best BP	PI/Div/CIs/Event	IPF Points
Hollie Johnson	YNE	F-E-SNR	70.50	72	4					-90.0	-90.0	90.0	90.0						90.0	1/F-E-SNR/72/BP	516.75
Amy Crossland	NM	F-E-SNR	83.20	84	5					95.0	-107.5	-107.5	95.0						95.0	1/F-E-SNR/84/BP	505.98
Laura Berry	YNE	F-E-SNR	87.10	84+	8					-155.0	-155.0	155.0	155.0						155.0	1/F-E-SNR/84+/BP	665.61
Wendie Kirkland	NM	F-E-M1	70.50	72	9					100.0	-110.0	-110.0	100.0						100.0	1/F-E-M1/72/BP	548.77
Beverley Rodgers	SM	F-E-M1	69.90	72	3					-120.0	-125.0	-125.0	0.0						0.0		
Sarah Bouskill	NM	F-E-M1	124.90	84+	6					140.0	150.0	-158.0	150.0						150.0	1/F-E-M1/84+/BP	583.48
Jacqueline Gough	NM	F-E-M1	143.00	84+	7					135.0	142.5	-147.5	142.5						142.5	2/F-E-M1/84+/BP	548.29
Michelle Franklin	NM	F-E-M2	56.30	57	1					65.0	-72.5	-72.5	65.0						65.0	1/F-E-M2/57/BP	466.47
Kelly Clark	YNE	F-E-M2	70.30	72	2					70.0	75.0	-80.0	75.0						75.0	1/F-E-M2/72/BP	469.11
Michael Giles	NW	M-E-SNR	82.30	83	13					-172.5	172.5	177.5	177.5						177.5	1/M-E-SNR/83/BP	565.53
David Murray	SM	M-E-SNR	92.50	93	12					160.0	170.0	180.0	180.0						180.0	1/M-E-SNR/93/BP	531.95
Duncan Sharp	YNE	M-E-SNR	104.60	105	28					240.0	-257.5	-280.5	240.0						240.0	1/M-E-SNR/105/BP	613.66
Michael Gibson	NI	M-E-SNR	104.00	105	25					-255.0	-260.0	-260.0	0.0						0.0		
Harvey Robinson	WAL	M-E-SNR	119.00	120	23					310.0	317.5	-328.0	317.5						317.5	1/M-E-SNR/120/BP	711.68
Graham Mellor	NM	M-E-SNR	165.20	120+	24					270.0	-325.0	-327.5	270.0						270.0	1/M-E-SNR/120+/BP	540.46
Mathieu Brignall	YNE	M-E-SNR	170.40	120+	29					240.0	250.0	-257.5	250.0						250.0	2/M-E-SNR/120+/BP	504.74
Jim Wands	SCO	M-E-M1	82.00	83	19					140.0	150.0	-152.5	150.0						150.0	1/M-E-M1/83/BP	502.86
Martin Green	SM	M-E-M1	104.50	105	26					-250.0	-250.0	-252.5	0.0						0.0		
Dean Bowring	SM	M-E-M1	119.40	120	27					240.0	250.0	-270.0	250.0						250.0	1/M-E-M1/120/BP	590.47
Mark Townend	SW	M-E-M1	151.00	120+	30					210.0	220.0	225.0	225.0						225.0	1/M-E-M1/120+/BP	491.41
Graeme Reid	SCO	M-E-M1	130.00	120+	32					180.0	190.0	200.0	200.0						200.0	2/M-E-M1/120+/BP	482.30
Dylan Davies	WAL	M-E-M1	128.30	120+	33					140.0	180.0	-192.5	180.0						180.0	3/M-E-M1/120+/BP	451.15
George Millar	NI	M-E-M2	82.00	83	17					145.0	-150.0	-155.0	145.0						145.0	1/M-E-M2/83/BP	491.22
Kevin Barrs	NM	M-E-M2	120.00	120	22					120.0	130.0	140.0	140.0						140.0	1/M-E-M2/120/BP	394.10
Richard Evans	NW	M-E-M2	153.40	120+	18					-145.0	145.0	155.0	155.0						155.0	1/M-E-M2/120+/BP	380.76
Cliff Haynes	EM	M-E-M3	72.80	74	16					-160.0	160.0	165.5	165.5						165.5	1/M-E-M3/74/BP	584.30
Glyn Belsher	NM	M-E-M3	93.00	93	20					130.0	140.0	-150.0	140.0						140.0	1/M-E-M3/93/BP	445.95
Bob Baxter	NM	M-E-M3	91.80	93	21					132.5	137.5	-140.0	137.5						137.5	2/M-E-M3/93/BP	443.80
Martin Flett	SCO	M-E-M3	100.70	105	14					-160.0	-160.0	-160.0	0.0						0.0		
Allan Hulme	YNE	M-E-M3	107.20	120	31					-197.5	197.5	-203.0	197.5						197.5	1/M-E-M3/120/BP	524.47
Stan Macrow	WM	M-E-M4	70.40	74	10					75.0	80.0	85.0	85.0								