

9-11 March 2023 African Classic and Equipped Bench Press 2023

Equipped Bench Press - Women	Name	Team	Div	Bwt - kg	IPF Wt CIs	Birth Year	BP-1	BP-2	BP-3	Best BP	PI/Div/CIs/Event	Forecast Score	Place	IPF GL Points
Open														
	Leighton Megan	RSA	F-O	65,95	69	1996	60,0	65,0	-67,5	65,0	1/F-O/69/BP	65,0	1	38,15
	Rees Christi	RSA	F-O	107,80	84+	1986	172,5	180,0	-190,0	180,0	1/F-O/84+/BP	180,0	1	87,05
Master 1														
	Rees Jacqui	RSA	F-M1	86,75	84+	1980	110,5	116,0	-124,0	116,0	1/F-M1/84+/BP	116,0	1	59,83
Master 2														
	Anthony Carol	RSA	F-M2	51,70	52	1966	50,0	55,5	-58,0	55,5	1/F-M2/52/BP	55,5	1	38,64

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Equipped Bench Press - Men	Name	Team	Div	Bwt - kg	IPF Wt CIs	Birth Year	BP-1	BP-2	BP-3	Best BP	PI/Div/CIs/Event	Forecast Score	Place	IPF GL Points
Open														
	Ayekpa Archie	RSA	M-O	91,25	93	1985	185,0	-200,0	200,0	200,0	1/M-O/93/BP	200,0	1	66,90
	Masson Craig	RSA	M-O	104,70	105	1981	-217,5	-217,5	217,5	217,5	1/M-O/105/BP	217,5	1	67,62
	van Wyk Derik	RSA	M-O	104,00	105	1986	-200,0	200,0	208,0	208,0	2/M-O/105/BP	208,0	2	64,87
	Smith Johan	RSA	M-O	120,10	120+	1991	260,0	282,5	-300,0	282,5	1/M-O/120+/BP	282,5	1	83,08
	Breetzke Simon	RSA	M-O	144,20	120+	1978	235,0	250,0	260,0	260,0	2/M-O/120+/BP	260,0	2	72,60
Master 2														
	de Beer Hermanus	RSA	M-M2	116,70	120	1970	155,0	160,0	165,0	165,0	1/M-M2/120/BP	165,0	1	49,03
	Crain John	RSA	M-M2	123,25	120+	1969	160,0	170,0	-190,0	170,0	1/M-M2/120+/BP	170,0	1	49,56
Master 3														
	de Nysschen Tommie	RSA	M-M3	73,90	74	1963	137,5	147,5	-150,0	147,5	1/M-M3/74/BP	147,5	1	57,51
	Schoonraad Christo	RSA	M-M3	104,25	105	1963	-165,0	165,0	180,0	180,0	1/M-M3/105/BP	180,0	1	56,08

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Classic Bench Press - Men	Name	Team	Div	Bwt - kg	IPF Wt CIs	Birth Year	BP-1	BP-2	BP-3	Best BP	PI/Div/CIs/Event	Forecast Score	Place	IPF GL Points
Subjunior	Meshlinie Samuel	RSA	M-SJ-U	51,65	53	2006	70,0	75,0	80,0	80,0	1/M-SJ-U/53/BP	80,0	1	52,02
	Hamayun Faraz	RSA	M-SJ-U	64,20	66	2005	70,0	0,0		70,0	1/M-SJ-U/66/BP	70,0	1	40,31
	Steenekamp Richard	RSA	M-SJ-U	97,30	105	2006	115,0	122,5	130,0	130,0	1/M-SJ-U/105/BP	130,0	1	60,34
Junior														
Open	Eilim Avishai	RSA	M-J-U	78,75	83	2004	125,5	132,5	135,0	135,0	1/M-J-U/83/BP	135,0	1	69,68
	Routledge Steven	RSA	M-O-U	65,50	66	1991	112,5	117,5	-419,0	117,5	1/M-O-U/66/BP	117,5	1	66,92
	Govington Chad	RSA	M-O-U	73,70	74	1985	-447,5	147,5	-468,0	147,5	1/M-O-U/74/BP	147,5	1	78,83
	Belkebir Abderrahim	ALG	M-O-U	91,90	93	1995	175,0	185,0	190,0	190,0	1/M-O-U/93/BP	190,0	1	90,67
	Bvumburai Simbayi	ZIM	M-O-U	104,35	105	1994	130,0	140,0	-450,0	140,0	1/M-O-U/105/BP	140,0	1	62,87
	Smith Johan	RSA	M-O-U	117,90	120	1991	215,0	222,5	-227,5	222,5	1/M-O-U/120/BP	222,5	1	94,59
	Bennabi Mohand	ALG	M-O-U	116,90	120	1992	-495,0	202,5	-240,0	202,5	2/M-O-U/120/BP	202,5	2	86,40
	Maafa Fethi	ALG	M-O-U	133,00	120+	1980	205,0	220,0	230,0	230,0	1/M-O-U/120+/BP	230,0	1	92,99
	Schroder Stefan	RSA	M-O-U	150,25	120+	1992	215,0	222,5	-232,5	222,5	2/M-O-U/120+/BP	222,5	2	85,88
Master 1	Coleman Steven	RSA	M-M1-U	65,95	66	1979	110,0	115,0	-418,0	115,0	1/M-M1-U/66/BP	115,0	1	65,26
	Fitzpatrick Ricardo	RSA	M-M1-U	82,70	83	1980	145,0	-455,0	-455,0	145,0	1/M-M1-U/83/BP	145,0	1	72,97
	Meyer Johann	RSA	M-M1-U	78,35	83	2018	120,0	130,0	-440,0	130,0	2/M-M1-U/83/BP	130,0	2	67,27
	Jacobsz David	RSA	M-M1-U	91,70	93	1981	155,5	165,5	170,5	170,5	1/M-M1-U/93/BP	170,5	1	81,45
	Belbedj Adlane	ALG	M-M1-U	91,65	93	1979	155,0	165,0	170,0	170,0	2/M-M1-U/93/BP	170,0	2	81,24
	Botha Jerry	RSA	M-M1-U	91,30	93	1974	135,0	142,5	147,5	147,5	3/M-M1-U/93/BP	147,5	3	70,62
	Janse van Rensburg Hendrik	RSA	M-M1-U	104,25	105	1981	130,0	-440,0	142,5	142,5	1/M-M1-U/105/BP	142,5	1	64,02
	Alkuwafi Rafeeq	LIB	M-M1-U	102,20	105	1977	70,0	80,0	100,0	100,0	2/M-M1-U/105/BP	100,0	2	45,34
	Mudau Newton	RSA	M-M1-U	119,30	120	1981	172,5	-480,0	-480,0	172,5	1/M-M1-U/120/BP	172,5	1	72,96
	Alshwayhidi Munayr	LIB	M-M1-U	112,45	120	1974	70,0	80,0	0,0	80,0	2/M-M1-U/120/BP	80,0	2	34,72
Master 2	Koekemoer Werner	RSA	M-M1-U	187,70	120+	1976	155,0	162,5	-467,5	162,5	U/120+/BP	162,5	1	58,34
Master 3	Erdir Zoubir	ALG	M-M2-U	103,15	105	1967	160,0	165,0	170,0	170,0	1/M-M2-U/105/BP	170,0	1	76,75
	de Beer Hermanus	RSA	M-M2-U	116,45	120	1970	140,0	145,0	150,0	150,0	1/M-M2-U/120/BP	150,0	1	64,11
	Maklof Khalid	LIB	M-M2-U	114,95	120	1973	60,0	-65,0	-65,0	60,0	2/M-M2-U/120/BP	60,0	2	25,79
	Crain John	RSA	M-M2-U	122,85	120+	1969	155,0	165,0	-472,5	165,0	U/120+/BP	165,0	1	68,92
	Bensch Denis	RSA	M-M2-U	121,80	120+	1965	130,0	142,5	147,5	147,5	U/120+/BP	147,5	2	61,83
	Bruce JC	RSA	M-M3-U	65,35	66	1963	80,0	82,5	-85,0	82,5	1/M-M3-U/66/BP	82,5	1	47,05
	de Nysschen Tommie	RSA	M-M3-U	73,95	74	1963	125,0	132,5	-435,0	132,5	1/M-M3-U/74/BP	132,5	1	70,69
	Thomas Glen	RSA	M-M3-U	98,60	105	1960	125,0	130,0	-437,5	130,0	1/M-M3-U/105/BP	130,0	1	59,96
	Schoonraad Christo	RSA	M-M3-U	104,30	105	1963	115,0	120,0	-432,5	120,0	2/M-M3-U/105/BP	120,0	2	53,90